

Term 2, No 9, 30th June 2021

He panui na to maatau Tumuaki: A note from our Principal:

Kia ora tatou

The wintry blast has arrived this week and meant that Jerome Kavanagh couldn't make it on Monday but after a long drive from Christchurch we were lucky to have him teach us about Maori Myths and Legends on Tuesday afternoon. Jerome is a very talented man who we love hosting.

On Monday we were lucky to once again have John Parsons in the school to teach the children about ways to keep themselves safe online. It was disappointing to have only two parents attend the parent session. Cyber Safety is something that we cannot leave to chance with our children; we need to put good practices and boundaries in place to help our children to live safely in the modern world. Some of the key points that John made include:

Knuckles to elbow - this gives a suitable distance between device and eyes

Limit social media/technology until 10 - 13 years. Children need to be playing sport, getting enough sleep and having eye contact with parents. Too much screen time interferes with these basic necessities for their development.

Get parental monitoring software for children from 0-13 years old.

Talk to Harvey Norman or your phone company.

Keep all technology out of the bedroom for primary aged children.

It is important that young people feel that they can come to parents when they see something inappropriate and know that parents will respond calmly.

Sleep is so important - with not enough sleep it is a scientific fact that we cannot learn new information or retain it in our memory. Lack of sleep also affects our immune system that needs to defend against disease.

0-2 year olds should have NO screen time at all. They need eye contact with their caregivers.

If children are getting enough sleep, daily movement and eating well, they won't have a problem with screen time. Too much screen time affects these other areas of their life.

You will get a notice home showing traffic lights around classification of movies and games. Think of it as a seatbelt for the brain. We need to protect our children's growing brains and red classifications are not suitable to grow a healthy brain.

The school has practices that support children managing the internet safely. The children all know that if they come across something that makes them feel yuck or they know it is not appropriate they are to close the computer not showing anyone else and bring it straight to the teacher. The school system is managed by N4L (Network for Learning), which the Ministry provides to manage our network security.

We are looking forward to our Matariki Celebrations on Friday. It looks like many of you are coming to join us for lunch, which is great. Extended whanau are welcome to come along too but please contact the office to order lunch if you haven't got a notice before Thursday. You are welcome to join the children in their classroom for their morning programme of learning around Matariki (anytime from 9.15am) and after lunch the children will be presenting to whanau what they have been learning this term about Matariki in their classrooms.

Ka pai to wiki

Kate Stevenson

Huihuinga (Assembly) Timetable

Assemblies are held on the following Fridays at 1.45pm.

Parents/caregivers/visitors are to sign in at Office and please inform the Office if your child/ren are not going to be on the bus that afternoon.

9th July

Book Bus Timetable

Monday; 16th August



Reminder: If you are passing a stationery school bus the speed limit is 20 kmh

Team Blurbs:

Team Kikorangi: The children have been decorating the classroom ahead of Matariki day on Friday and are looking forward to sharing their learning with their whānau.

Team Kowhai: Team Kōwhai has been busy preparing for the Matariki Day on Friday. We are looking forward to sharing our learning with you.

Team Whero: Team Whero are really looking forward to trying some fry bread on Matariki day this week. Thank you parents and friends who are helping out for these activities.

Team Karaka: Our Matariki presentations are nearly complete for Friday, whanau are welcome to come along and join in on the activities we are doing on Friday for Matariki.

Come and join us for Matariki Celebrations this Friday. All whanau, caregivers, grandma's etc welcome to join tamariki in their classrooms anytime during the morning as they learn more about Matariki then after lunch, the tamariki will present their learning to their Whanau and the wider community. There is also a lunch (which we will need numbers for before Thursday) which is at no cost (a burger and a cake). Let Marylyn know if you would like to order a lunch. Everyone welcome.

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Book available for loaning from our Library - This is an informative book from John Parsons about how to keep ourselves and our children safe on the internet. Written as a story but with a very powerful message. If you would like a loan of it, come and talk to Marylyn. Well worth the read.

Quiz Night

Runs every Wednesday night at 7.30pm at the Tokanui Tavern (until 21st July). Get a team of 4-5 together for a fun night out.

Raffle Roster for Quiz

30th June - Toi Tois Playgroup

7th July - Curio Bay Trust

14th July - Tokanui Junior Rugby

21st July - Tokanui Home and School

OPEN DAYS FOR INVERCARGILL SECONDARY SCHOOLS

James Hargest - Sunday 1st August 1.00pm-3.00pm

Southland Girls High School - Tuesday 3rd August 3.00pm-6.00pm

Aurora College - Wednesday 4th August 7.00pm-9.00pm

Verdon College - Sunday 8th August 1.00pm - 3.30pm

Southland Boys High School Tuesday 10th August 3.00pm - 6.00pm

Medical Centre News

Doctors Days 30th June, 14th July; 28th July

Clutha Health phone number 03 419 0500

PLEASE don't hesitate in phoning 111 in lieu of any emergency whether you are in ANY doubt of severity or not. The Clinical nurse specialist/PRIME responder ((Primary Response In Medical Emergency) will be paged immediately alongside St JOHN.

Please phone the medical centre 2468850 to make an appointment. This is a free service!

The Medical Centre also has an assortment of equipment available! If you are having surgery or family stay and need a shower chair or high toilet seat then please get in touch.

Rugby Draws

Club Day this Saturday 3rd July:

Sponsors, Lamb Donators, Supporters are all very welcome to come along and enjoy the festivities on the sideline during the game then into the clubrooms afterwards. Cafe2U coffee cart there from 11-4pm.

Look forward to seeing you all there for the last senior game of the season.

TOKANUI JUNIOR RUGBY

TOKANUI JUNIOR RUGBY - CLUB DAY THIS SATURDAY 3RD JULY - ALL GAMES AT HOME

Callahan Transport Tokanui U6's v Blues 11am, at Tokanui

Titiroa Transport Tokanui U8's v Star 11.30am, at Tokanui

Tokanui Bistro Tokanui U11's v Bluff 12.15, at Tokanui

Team photos beforehand in uniform.

Feel free to come along and watch.

Senior and Senior C Rugby 3rd July - Club Day - All games at Tokanui

Titiroa Transport Tokanui vs Waikaka Kick off @ 3.00pm

Southern Southland Contracting Tokanui vs Star C's Kick off 1.30pm

Community News/Events

Niagara/Waikawa community dinner will be held on Sunday 11th July 5pm at Niagara Falls Cafe. Confirmation of attendance essential by 2nd July to Judy: 2468 745 / 027 275 7473 judydiane57@gmail.com

Gorge Road Country Club

HOUSIE: Wednesday 7 July, 24 July.....

7.30 start; Raffles

Everyone welcome; Any info phone 03 2395892



Toi Toi Lions Hay and Baleage Auction

We are once again holding our annual Hay & Baleage auction on Friday 9th July 2021

@ Tokanui Tavern Car Park. Over the past years we have supported Oncology, Neurological, Bluff Coast Guard, Stem Cell Research, Otago Youth Adventure Trust, Westpac Rescue Helicopter, Cancer Society House, Dunedin; Waikawa Museum, South Catlin's Charitable Trust, Gorge Road School, Tokanui Hall, Waipohatu Track, Toe Toes Community Swimming Pool, our local Search & rescue, Tokanui Bowling Club

Should we be fortunate enough to enjoy your continuing support, beneficiaries this year will be the Gorge Road Community Swimming Pool & the Tokanui Rugby Club. It is only with yours and our generous sponsors, that we are able to continue this Community support.

We welcome entries for baleage, wholecrop baleage, round bales of hay & conventional bales (10). You will be contacted by a Lion for donations, but, if for any reason, you do not get a call, please contact any Lions Member or Ernie 0274 437643 & leave a message.



Official opening of WAIMAHAKA & DISTRICTS HISTORICAL INFORMATION KIOSK

.. At Waimahaka Community Centre Saturday 7 August 2021 at 3 pm. Afternoon tea will be served following Opening Ceremony . All Welcome.

Indications of numbers attending would be appreciated please ring by Wed 4 August 2021

Murray Peter(Chairman) 0272469006

Or Judith Fox (Treasurer) 032469739

GORSE TIME

Got a problem with gorse? Just a few stubborn patches and regrowth or fence lines? We have a twin reel truck unit ready to tackle your gorse. Use your own chemical or we can supply. Phone Eamon (Sprayman Ag) 021 176 6798

Waikawa Catchment Group Pest Control Workshop

Thursday the 1st of July, 1.30 - 4.30. Meet at Allan and Kathryn Marshalls woolshed. 120 Crosbie Rd, Waikawa Valley.

Come along and join the Waikawa Catchment group to learn about local pest control. Jhylene Kelly from Department of Conservation and Jolie Hazley from Environment Southland along with other ES staff will be sharing their knowledge on plant, water and animal pests. Dress warmly we will be in the bush and woolshed for the afternoon.

For more information contact

Sandra Campbell

021400431

sandra@thrivingsouthland.co.nz



**All
Welcome**

CHURCH SERVICES

Curio Bay Christian Fellowship

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Sunday Service 10.30am

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BOOKINGS ESSENTIAL FOR EVENING

DINING PH 032468 897



Niagara Falls Cafe

Hours

10.00am - 4.00pm

Closed on Thursdays.

Local Businesses

Playcentre

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our village*

Where: 4 Tokanui - Haldane Road

When: Tuesdays & Friday's 10.00 am - 12.15 pm

Any questions, please contact Emma Anderson 0279328808

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Leesa Wright

027 413 9369

leesa.wright@bayleys.co.nz

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