

Tena koutou tatou

Friday's announcement has taken us back to Alert Level Two this week. We know what to do and have been able to quickly adjust our systems to cater to this. We wish to continue with what events we can while meeting the Level Two restrictions. The key message is to wash hands or sanitise, sign in using the app and/or register and to give others space.

Last week we held the school Speech Finals for our seniors. Congratulations to all of the children that took part in this event and especially to our place getters: Year 5 & 6 3rd Jessica O'Carroll, 2nd Van Coley and 1st place was Cammy Wright; Year 7 & 8 3rd Erika Leith and 1st= Caitlin Callahan and Anna McMullen. Those that came first and second go on to compete in the Cluster Competition today. Gorge Road, Te Tipua, and Longford Intermediate will be joining us for this event. All the best to all competitors. These are skills for life that we all have to use at some time.

All of our students have Seesaw accounts which became very useful during lockdown and online learning. We continue to use these for a variety of reasons. Seesaw gives all students a voice and makes their learning visible. It helps to build ownership in their learning, builds their reflection and creation skills. It is a way that they can share their creations and gain an authentic audience. It can build strong communication between home and school. Teachers are developing how they can best use this tool and parents can engage with it as well to support your child's learning by being an audience and giving feedback. Only signed up family members can see your child's account. No other parents or community has access to it. Ways that you can engage include: Like their work by tapping the heart, write a comment or you can record a voice comment on their work by pressing the microphone symbol. The best comments help children to learn something new. "Can you tell me more about. . . " "I wish I understood why. . . " "I am curious about . . . " Be positive and build each other up. "This was interesting to me because. . . " "I think you did a great job because. . . " "I really liked . . . about your post. Have you thought of. . . " Have a go and try a new way of responding to your child's work.

All children are capable of extraordinary things. They all have potential. While we can't change the fact that they will come up against challenges along their journey in life, we can give them skills so that they can hold their head high as they navigate these challenges. We can build their resilience. Resilience is being able to get back up and try again, carry on and bounce back from stress, tragedy, trauma or adversity. Resilient children are braver, more curious, and more adaptable. Resilience can be strengthened in children. According to Hey Sigmund, 2019, "Where the Science of Psychology Meets the Art of Being Human", "Building small humans into healthy, thriving big ones isn't about clearing adversity out of their way. A little bit of stress is life-giving and helps them to develop the skills they need to flourish. Strengthening them towards healthy living is about nurturing within them the strategies to deal with that adversity." The first step to building resilience in children is strong relationships. The presence of at least one supportive relationship. A loving, caring adult can make a difference in the life of a child and their ability to develop vital coping skills. Let them know about the people in their fan club. Anything that you can do to build their connection with the people who love them will strengthen them. 'I told Grandma how brave you were. She's so proud of you.'

Playground time is an opportunity for our children to learn a lot about building relationships and playing fair. With the shorter lunchtimes, the children get quickly outside and make the most of their time playing with their mates. In the survey around how safe they feel in the playground and classrooms many of the children referred to their friends that looked after them. It is so rewarding to hear a child take responsibility for their mistake and apologise for accidentally hurting someone else and then show them that they care about them by looking after them as I saw yesterday.

Have a great week,

Kate Stevenson

Principal

"Obstacles are those frightful things you see when you take your eyes off your goal." Henry Ford

## The Board of Trustees met on Tuesday night - 18 August

- It was agreed that Calves would be permitted at Pet Day again under the recommendations set by Biosecurity NZ.
- The "Bubble" mural that Moira Short has worked on with all of the children is ready to be put up
- The Stewart Island Year 8 tramp has been approved by the Board subject to Alert Levels. At Level Two this will not be possible
- The Feeling Safe survey was positive
- Work has started on the upgrade of the swimming pool
- Daryl Johnstone is our representative on the Community of Learning Stewardship group. The Board is finding that belonging to the COL has been very beneficial both financially and providing support for teachers and students. It has created staff development opportunities, Learning Support for students, helping with transition to high school and availability of a Social Worker for students.

The next meeting is scheduled for 22nd September, 2020.

"Four websites that can help when you're feeling stressed or anxious or out of your depth for 12 to 19 year olds. They are NZ, free, safe and private. [thelowdown.co.nz](http://thelowdown.co.nz) [youthline.co.nz](http://youthline.co.nz) [sparx.org.nz](http://sparx.org.nz) [commonground.org.nz](http://commonground.org.nz)"

## A Reminder to Families around Communication:

The School App is used for immediate notification to families of any information. You can contact Marylyn at the Office if you have a notice, relating to school, to go out on the App. Those without the app should have made arrangements with Marylyn about how to be contacted. If you have concerns or complaints, please arrange a time through the Office to meet the person concerned letting them know what the meeting is about so that they can gather information. Complaints via email/Messenger will not be investigated or actioned.

## Calendar of Events:

Wednesday 19<sup>th</sup> August – Cluster Speech Competition

Monday 31<sup>st</sup> August- Tuesday 1<sup>st</sup> September – Year 8 to Stewart Island

Wednesday 9<sup>th</sup> September – Get Wiggy – Child cancer

Friday 11<sup>th</sup> September – Assembly

Monday 14<sup>th</sup> September – Book Bus

Wednesday 16<sup>th</sup> September – Southland Speech Finals – 6.30pm

Tuesday 22<sup>nd</sup> September – Board of Trustee Meeting 7.30pm

Friday 25<sup>th</sup> September – Last Day Term 3

Monday 12<sup>th</sup> October – First Day Term 4

**This week's joke:** Where do pencils go on holiday?

**Pencil-vania**

## Class Reports

**Team Kikorangi:** This week our special Top Secret School Kit has arrived. We are busy working on joining the Little Garden League Club for this. We will all get a seedling for the little gardens to plant and watch them grow.

**Team Kowhai:** Thank you to parents who have donated gardening items. We are improving our report writing skills. Today we started athletics training with some running practice. Remember your gym shoes for the next three weeks.

**Team Karaka:** are excited to start athletics practice this week. Please bring your running shoes as practice will be on most afternoons.

**Team Papura:** is looking forward to having Mrs E tomorrow when Mrs Poole is in Christchurch learning more about Learning Maps and our next steps. We have begun Athletics practice. Thank you Nic and Jillian who are helping us this week.

We are in need of a Beekeeper to help support our school hive. If anyone in our local community is interested in helping our hive get back up and running please contact the school.

## Athletics

Thank you to Nic Johnstone, Jillian Strang, Sarah Manson and Katrina Templeton who have offered to come to school and share their Athletics knowledge with the students and teachers.

Southland Primary School Netball Festival has been postponed due to Covid-19 Alert Level 2 restrictions. As soon as we have new dates for this we will let the coaches and teams know.

## TOKANUI SCHOOL DISCO

Friday 21<sup>st</sup> August, 6.00-7.30pm at Tokanui Hall.

Theme - dress up as something starting with a letter of the alphabet, so anything! Pre-schoolers welcome. All children must be supervised at the disco. Cost \$2 per child.

We will be keeping it to Covid guidelines, everyone there will need to sign in. School parents, please put your name forward to help in some way on the day/night. Contact Leanne 027 631 8018.



### Buy a Brick-Blair Vining

Tokanui School and the surrounding Community collected \$500, so we have bought a Plaque with the inscription **Tokanui School Community**

Thank you for all the donations

### School Cleaner Required

20 hours per fortnight – 5 days per week

Please contact Kate 2468 738 for further enquiries.



If you are travelling between Invercargill and Tokanui on Highway 92, please be-aware of the changes to speed restrictions especially around the townships.



### Tokanui Medical Centre –Phone 2468 850

**Doctor Days:** Wednesday 19<sup>th</sup>

August - Abraham

Medical centre is now open as normal clinic hours

9.00am to 12 noon.

Clinical Nurse Specialist can be reached Monday-Friday 9.00am

– 4.30pm on 027 810 8801.

If an emergency please phone 111

### Have a pint and save a life!

Bowel Cancer Screening Team will be at Tokanui Tavern on Thursday 20<sup>th</sup> August from 6.30pm with their inflatable bowel!

Please come along and support this very important initiative, the team will be on hand to answer any questions as well as ex patients and survivors of bowel cancer chatting about how this very important service saved their life. Jony Lawson Clinical Nurse



### Tokanui Church Service

There will be no services in August and September due to calving and lambing.

### Skits in the Paddock

The SDAT are planning on holding a “Skits (and one act plays) in the Paddock” on the 4<sup>th</sup> and 5<sup>th</sup> of December. We hope this will be an opportunity for the audience to bring along a picnic tea or buy some chips and watch a few skits and plays performed outside. This will be an opportunity for actors to be involved in a shorter version of acting than previous years with practices being able to be more versatile with timing and length, as in the main you will only need to work in with your group. The Arts Trust hope that this will present an opportunity to act in a fun event without being too time consuming. Please register your interest with either Marylyn Hayes 03 2468446 or Janice Broad 021 167 0110

### MEET THE CANDIDATES

Candidates for our electorate - Invercargill - have been invited to speak at TOKANUI HALL WEDNESDAY 26 AUGUST at 2.45pm

A representative from the Electoral Office will also be there so you can check/update your enrolment details and get information on the two referenda

If this time does not suit there will also be another meeting at:

Wyndham Hall at 6.00pm the same day

Organised by the Waihopai Toetoe Community Board

**Odd Spot: Cold water weighs less than hot water**



### Toi Tois Tokanui Lions Club

On behalf of the Toi Tois Tokanui Lions we wish to convey our thanks and appreciation of the generosity of all the Southern District farmers who donated hay and baleage, when we held our recent Hay and Baleage Auction in the Tokanui Tavern car



park, later gathering in the Tavern for social time, announcing the Lucky Winners and auctioning donated items. The lucky winners were: Baleage: David Somerville, Nolan Jennings, Philip Golden, Kelly Down, Greg Herbert, Allan Fox, Russell Cook. Round Bale: Basil McLean. Conventional Bales: Duncan Jennings. Guess the weight of bale: Julie Keast. A special thanks to our local Transports for their willingness to deliver hay to Tokanui. Kapuka, Titiroa, Callahan Transports and G. Robinson. Thank you for your help, greatly appreciated. With Sponsorship from the following: AB Lime, Elles Road New World, Balance, Advance Agriculture, Mainland Minerals, Southland Livestock, Woodlands Butchery, Southland Hydrojet, GoFuel, CP Wool, Agricentre. Local Business's: Tokanui Tavern and Tokanui Bistro thank you for your generosity. Thanks also to our auctioneer Craig Milne. Thank you again for your generosity, greatly appreciated by all.

This was a very successful day with our Club raising \$23,066. These proceeds will go to the local Search and Rescue to build a shed to house their van and gear and the Southern District Medical Trust to improve the eastern entrance to their building with a new ramp.

**Thank you again for your generosity, greatly appreciated by all.**

### Curio Bay Christian Fellowship

No services for the next few weeks

Paul 021 0238 9558



### Tokanui Memorial Hall AGM

Monday August 31<sup>st</sup> 7.30 pm

At Tokanui Hall

All welcome.

**Is drench resistance a problem on your farm?**

**What are the benefits of breeding for parasite resistance in sheep?**

**Ever considered using Rams from a breeder selecting for resistance to internal parasites?**

**What is the outlook for prices this next year for sheep and beef farmers?**

Come along to an informative evening at the

**Tokanui Golf Club**

**Boat Harbour Road, Fortrose:**

**Thursday 27 August,**

**7:30-9:30pm**

**Supper to follow – All welcome**



**Catlins Coast Building** 80 Waikawa-Curio Bay Rd, RD 1, Tokanui

Bespoke Carpentry Projects New Homes, Building Solutions, Concrete, Flooring, Alterations, Fences, Decks, Sheds

Phone 022 534 7415 No job to big, No job too small

[catlinscoastbuild@gmail.com](mailto:catlinscoastbuild@gmail.com)



Second hand Axminster Carpet available

Approximately 8mts x 4mts

Reasonable condition

Phone 2468 858

### Daffodil Day Friday 28<sup>th</sup> August

The Cancer Society Daffodil Day Fundraiser will be taking place in Tokanui on this date at the Tokanui Tavern. Donations of baking and produce for the sales table held from 5.30pm would be most welcome on the day and goods and services donated from business for the auction beginning at 7.00pm would be appreciated. Please come along and buy up to help support the Cancer Society with their fundraising.

Contact Janice Broad 021 167 0110 or Lianne Andrews 03 2469 703 regarding donations for the auction and any inquiries.

Thanks Janice Broad

[callahan@farmside.co.nz](mailto:callahan@farmside.co.nz)





Thank you for supporting those who support our school.

**JOHNSTONE Contracting** Daryl & Nicola  
M: 027 454 9024  
H: 03 246 8867  
E: daryl@johnstone.co.nz  
www.johnstone.co.nz

**AVAILABLE NOW**  
for all your  
Cultivation, Sowing, Baleage & Hay needs  
in Southern Eastern Southland.

**KAPUKA HEENANS TRANSPORT**  
Serving the South!

Kapuka 2395 854 Tokanui 2468 737  
Woodlands 2313 237  
www.kapukaheenans.co.nz

**ROBINSON EXCAVATING**

Gareth Robinson  
03 246 9695 or 027 634 7827

**Fly & Spider Control**

Phone Now! 

0800 2 SPYDER (0800 2 77933)  
office@flyandspidercontrol.co.nz  
www.flyandspidercontrol.co.nz

Southland Owned and Operated

- ★ Cluster flies
- ★ Wasps
- ★ Spiders
- ★ White tails
- ★ Borer gassing

**KEAST Electrical**

Peter Keast  
Registered Electrician  
Phone 03 246 8410



we wis  
gener  
held o  
gather  
auction  
Jennin  
Round  
Guess  
A spec  
Toka  
help. C

**TITIROA TRANSPORT**  
Est. 1954

Rural Carriers  
Stock Cartage  
Fertiliser Spreading & Cartage  
Balfance & Ravensdown Stores  
Sawdust & Bark Supplies  
Gravel, Rock, Lane Maintenance  
Coal, Compost Supplies

**SOUTHERN POSTS**

Round posts and strainers In stock now!

22 River Street - Ph/Fx 03 208 9656 - Gore  
West Plains Rd - Ph 03 215 9738 - Fx 03 215 9728 - Invercargill

**ROGERS MOTORCYCLES YAMAHA**

New and Used 2 or 4 Wheelers  
Top Workshop Service  
Parts/Tyres/Helmets

84 Leet Street Invercargill  
Phone 218 9584  
www.rogersmotorcycles.co.nz

**PAINTER / TRADESMAN**

Motels  
Hotels  
New Houses  
Roofs  
Free Quotes



Phone Ray Young 020 4151 6608

Invercargill  
16 Victoria Avenue, Invercargill  
(03) 211 1955  
invercargill@farmlands.co.nz

**Farmlands co-operative**

**MAXWELL Contracting**

- 14 & 20 Tonne Excavators • Laneways
- Earthmoving • Silage • Farm Drainage

David 027 512 7373 / Murray 027 435 4200

**Coast Contracting Southland**

All your agricultural,  
forestry and  
stock water systems.

Lindsey Hogg 021 0279 3072

**NEED CRUTCHING?**



**Southern Crutching & Tailing Ltd**  
Tony Crofts - 027 671 9552

Triple Mobile Crutching Unit - Dagging - Winter  
Crutching - Tup Crutching - Ewes and Rams - No  
need for dry sheep!!

**vetco LIMITED**

For All Your Veterinary Services & Supplies  
24 hour emergency service

Edendale Clinic  
14 Sweeney St, Edendale  
Phone (03) 206 6170

Kennington Clinic  
11 Clapham Rd, Kennington  
Phone (03) 230 4689

The Animal Health Professionals



Promote your business **every week** with school newsletter adverts!  
**Effective, targeted marketing** for a great **one-off annual price**.  
Call now and boost your sales. **03 218 3350 / www.i-cue.co.nz**